HOLY FAMILY CATHOLIC CHURCH

+JMJ+

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Holy Family Catholic Church is a parish of the Archdiocese of Cincinnati entrusted to the Priestly Fraternity of St. Peter. The Holy Sacrifice of the Mass & all the Sacraments are celebrated according to the Traditional Roman Rite of 1962. We are blessed to have a wonderful Schola/Choir who know Gregorian chant. If you wish to learn chant please contact:

> CHOIR DIRECTOR: Amanda Gulick: 174gulick@gmail.com



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<u>ST JOSEPH TABLE</u> POTLUCK BRUNCH AFTER BOTH MASSES TODAY

FIRST COMMUNION CLASS

TODAY AT 12:30

WE WILL MEET IN THE PARISH HALL BEFORE MARCHING TO NAZ. CENTER CLASSROOM



CONFESSION SCHEDULE Confessions are heard SAT/SUN : 1/2 hour before Mass ANYTIME BY APPOINTMENT

Mass Intentions for the Week

Mar 20 Sun	Third Sunday of Lent		
8:00AM	John Francis +		
10:30AM	Pro Populo		
Mar 21 Mon	Feria of Lent		
7:00PM	* Ellen Baird +		
Mar 22 Tues	Feria of Lent		
12:00PM	Elizabeth Simmons		
Mar 23 Wed	Feria of Lent	1	
12:00PM	Gene Fischer +		
Mar 24 Thur	Feria of Lent Comm St. Gabriel Archangel		
12:00 PM	William Shirr III +		
Mar 25 Fri	Annunciation of the Blessed Virgin Mary		
Adoration 3-6p	Stations of the Cross 6:15PM		
7:00PM	George Kochanowski HIGH MASS		
Mar 26 Sat	Feria of Lent		
9:00AM	Conversion of My Sons		
Mar 27 Sun	Fourth Sunday of Lent (Laetare)		
8:ooAM	Karin Kochanowski and Amanda Gulick		
10:30AM	Pro Populo		

<u>Latin Mass Schedule 2022</u>			
Sundays:	(Low Mass)	8:00AM	
	(High Mass)	10:30 AM	
Monday		7PM	
Tuesday, Wednesday, T	12 NOON		
Friday		7PM	
Saturday		9AM	

Third Sunday of Lent

In the Epistle today, Eph 5:1-9, St Paul exhorts us to "Be imitators of God... for you were once darkness but now you are light in the Lord. Walk then as children of light". This is indeed our goal for Lent! We have received the gift of faith. We have been made children of light through our baptism. Are our deeds always the fruits of that light or are they too often signs that we are falling back into darkness? Is our language the tongue of angels praising God, truthful and uplifting to our fellow man or do we use the

and upfitting to our fellow man or do we use the tongue of the demons which we have learned from a pagan world that bombards us with its vulgarities, its curses, its blasphemies, its gossip and its lies? Recall that it is by that same tongue that we receive Our Lord in Holy Communion. It should be a nice soft pillow to receive Him and not a prickly thorn bush or a forked tongue. Do we listen to gossip from others? Should we not encourage that person to pray for the one they are tearing apart instead of being an accomplice in that sin? We are called to be light in an

ever darkening world. How is our light shining? Lent is indeed a time to brighten up that light within us by learning to avoid evil and to do good. Our mortifications should show us that our will is stronger than any attachments to this earth. Our devotions and spiritual readings should be bringing us closer to Jesus Christ showing us the way to become true

children of God who walk in His ways. Let us continue our fasting, prayers and mortifications during this third week of Lent. Holy Week will be here before we know it so let's make use of each day remaining. Remember as the banks always remind us : NO DEPOSIT, NO RETURN!



STATIONS OF THE CROSS FRIDAYS OF LENT AT 6:15pm Followed by Mass and Confession "Come follow me!"

Dear brothers and sisters in Christ, In response to the Holy Father's announcement that he will consecrate Ukraine and Russia to the Immaculate Heart of Mary on March 25, the Solemnity of the Annunciation of the Lord, I invite all Catholics of the Archdiocese of Cincinnati to pray for the intention of a swift and peaceful resolution to the war in Ukraine. Please join me in praying a Rosary novena over the nine days beginning today, March 17, and culminating on March 25 at the 11:30 a.m. Mass at the Cathedral Basilica of St. Peter in Chains. During this Mass, we will be spiritually united to Pope Francis and Catholics around the world in asking for our Blessed Mother's intercession for the end to this tragic conflict. Mass will be followed by the public recitation of the Rosary, and adoration of the Blessed Sacrament will be available until Benediction at 5:00 p.m. May the Immaculate Heart of Mary, through her powerful intercession, lead to the conversion of hearts and minds and peace throughout the world, especially at this time in Ukraine. Sincerely yours in Christ, Most Reverend Dennis M. Schnurr Archbishop of Cincinnati



EUCHARISTIC ADORATION MARCH 25TH

3-6PM!

Some of the ladies had asked if we could have adoration here at Holy Family on the Feast of the Annunciation this FRIDAY. This was even before the Pope announced he would conse-

crate Russia and Ukraine to the Immaculate Heart! We will have adoration beginning at 3PM followed by the rosary and silent adoration until closing with benediction at 6PM.

LENTEN ALMSGIVING

 Dayton Right to Life (DRTL) has a continuous need for dry baby formula (they use approx. 60 cans [Similac Advanced, or Gerber Gentle/Smoothe] per month). Please consider bringing a can, or more, of formula and place it/them in the appropriately marked bins in the church main entrance or Parish Hall basement.

2) ALSO, please pick up one of the special baby bottle savings banks located in the entrances. Place your spare change in them during Lent for the benefit of DRTL to support their many other areas of need.

Please return filled bottles to the bin on the stage in the basement by Easter Sunday. These alms will be put to good use for Mothers choosing life for their babies! Contact 513-988-6544,

SUGGESTIONS FOR LENT THINGS TO GIVE UP

<u>television</u>-your favorite show or ALL TV! <u>computer</u>-facetime, limit internet, games -<u>food</u>-dessert, meat, soft drinks, coffee, sugar, candy, chocolate or all of the above! -<u>fast-ALL 40 DAYS OF LENT</u>. By a Lenten

fast is meant ONE main meal with meat (unless it is a Friday) and two meatless small meals that together do not equal a "normal" meal for you with NO SNACKING in between!

Remember Sundays during Lent are NOT days of Fast! Count the days on your calendar from Ash Wednesday to Holy Saturday. It equals 40 days only if you do not count the Sundays. This is because the Resurrection of

Our Lord which occurred on Sunday is always a feast day! Before Vatican II everyone was obliged to fast ALL 40 days! (unless pregnant, poor health, or elderly)

Let us offer up our fast this year to ask God to REVERSE ROE V WADE! It is possible!! <u>THINGS TO DO EXTRA</u>:

<u>Confession</u>—make a good examination of conscience and go at least once a month <u>spiritual reading</u>—Catholic Classics like: *The Story of a Soul, Introduction to the Devout Life, Imitation of Christ, Spiritual exercises of St. Ignatius of Loyola, Interior Castles*

<u>Daily Mass</u> He invites you too Him at the altar <u>Holy Hour</u>—before the Blessed Sacrament <u>Virtue</u> Choose one to practice each day!

ie Kindness, Gratitude, Temperance <u>Increase prayer/devotions</u>—daily family rosary, Morning Offering, Act of Contrition, Litany of the Sacred Heart, Litany of the Blessed Virgin Mary, Holy Face Novena <u>15 minutes of private meditation</u> placing yourself in the presence of God then reading and listening to Him in church or at home! <u>Corporal Works of Mercy</u>—feed or give drink to someone, visit or call someone who is sick

or an elderly person who is alone <u>Spiritual Works of Mercy</u>—pray for the living and the dead, comfort the afflicted, forgive

offences, counsel the doubtful <u>Sacred Scripture</u>—at least 15 minutes a day

(A plenary indulgence for 30 minutes!) <u>Alms</u> DRTL Baby Bottles, St. Vincent de Paul <u>Stations of the Cross</u>—6:15 pm Fri., and /or everyday at home! You may take a copy! <u>Pray</u> for the Pope, President, Archbishop, Pastor, Parochial Vicar 1st Communion & Confirmation classes, people of Ukraine! Pick one, some or ALL! God will NOT be out-

done in generosity especially during Lent! The more you give the more you get REMEMBER : NO DEPOSIT NO RETURN!

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