

## **Act of Spiritual Communion Prayer**

O MY most loving Saviour, since I cannot have the happiness of receiving Thee this day, suffer me to gather up the precious crumbs that fall from Thy table, and to unite myself to Thy divine Heart by faith, hope and charity. I confess I do not deserve the children's bread; but I venture humbly to declare that, away from Thee, my soul is dried up with thirst, and my heart cast down with faintness. Come, then, into me, O my divine Jesus! Come into my mind, to illuminate it with Thy light; come into my heart, to enkindle in it the fire of Thy love, and to unite it so intimately with Thine own, that it may be no more I that live, but Thou that livest in me, and reignest in me forever.